



2025 FIRST EXPERIENCE



FOCUSED INTERDISCIPLINARY RESEARCH AND SCIENTIFIC TRAINING

A one week immersive experience for high school students that focuses on conducting interdisciplinary and collaborative scientific research at California Northstate University, College of Health Sciences undergraduate campus.



Application

July 7-11th, 2025

CNU College of Health Sciences
2910 Prospect Park Dr.
Rancho Cordova, CA 95670



Deadline to Apply: May 15th, 2025
Cost to Attend: \$900 (lunch included)

**Participants must have completed at least one high school science course and be an entering Sophomore, Junior or Senior*

FOR MORE INFORMATION,
PLEASE VISIT [HEALTHSCIENCES.CNSU.EDU](https://healthsciences.cnsu.edu)
OR EMAIL CHS.SCIENCES@CNSU.EDU

- Participants will engage and collaborate with college students and distinguished faculty members by focusing on a novel scientific research question.
- While conducting research, students will participate in scientific discussions, receive training in laboratory skills, and learn about scientific rigor and methodology.
- Participants will give a professional presentation on their scientific results, with the potential for future publication.
- Areas of study may include environmental biology, chemical modeling/drug recovery, and molecular analysis of model organisms- all connecting to health and biomedical sciences.



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APPLICATION

Name _____ Email _____

Address _____ Phone Number _____

High School Name and Location _____ Graduation Year _____

Select the statements that best describe your current education and career goals:

- I am unsure of my education goals.
- I plan to complete a Bachelor's degree program.
- I plan to complete a Bachelor's and Professional/Graduate degree program.
- I am unsure of my future goals.
- I plan on pursuing a career in the medical/health professions.
- I plan on pursuing a medical/health profession specializing in scientific research.
- I plan on pursuing a combined medical/health and scientific research profession.

Based on the education and career goals you have selected, write a personal statement that answers the following three questions in paragraph form (LIMIT TO 300 WORDS):

1. What is your motivation towards the educational and career goals you have chosen?
2. How will the FIRST Experience at CNU help you to determine or achieve your education and career goals?
3. What knowledge, skills, and insight do you hope to attain from the FIRST Experience at CNU?

Please list 2 references, including contact information, which can speak to your readiness for the FIRST Experience at CNU.

Application Deadline: May 15th, 2025

Please submit your application to the address below, or electronically using the QR code.

FIRST Experience at 2910 Prospect Park Dr., Rancho Cordova, CA 95670

**Checks should be made out to California Northstate University*

If you have any questions, please email CHS.Sciences@cnsu.edu or call us at 916-686-7674