



CHS NEWSLETTER WHAT'S NEXT?

- Got a talent? Show it off at our Talent Show on September 22nd! Tickets are on sale now. Purchase them from Casey or Tooba at the front desk.
Early Bird Prices:
Single Admission: \$8.00
Family Pack: \$7.00/person (3 or more tickets only)
Age 4 and under: Free
- Wellness Wednesdays sessions will be held every Wednesday from 12 - 12:50 in the cafeteria. The Student Wellness Committee is also seeking members interested in the physical, emotional, and spiritual well-being of CHS students. Contact Moira Delgado for more information.
- Dance to Heal : Dance Club. Contact Neha Prakash for more information at (916) 749 - 9050
- Sacramento Vietnamese Medical, Dental, and Pharmacy Association SVMDDPA - First Gala and Health Fair will be held on Saturday September 30th from 9:00am-1:00pm. For more information contact Moira Delgado. If you would like to help with this event, click on the link to sign up!
https://docs.google.com/document/d/1s5oaX5-fTuOwJ_nsoy9LUIi51GTmMkrExawYdmpDVGps/edit?usp=sharing
- The Celebrando Health Fair is coming up on October 8th from 10:00am-4:00pm. This is a great opportunity for CHS students to get involved with their community! Contact Moira Delgado for details. In the meantime, follow this link to sign up!
https://docs.google.com/document/d/1OWZf-59KLIPoiXtSlTPm7bCxyqkAjfor9KZrsZf_rW0/edit?usp=sharing